

# Breakfast

Served till 12:30

**Full English breakfast** €8.50

Two fried eggs, two Cumberland sausages, two grilled bacon rashers, sautéed mushrooms, grilled tomato, baked beans, and fried potato hash served with our in-house sliced toast and butter.

**Eggs Royale** €9.00

Two poached eggs, smoked salmon, Hollandaise sauce on toasted milk bread.

**Eggs Benedict** €9.00

Two poached eggs, two grilled bacon rashers, Hollandaise sauce on toasted milk bread.

**Egg and Avocado Duo** €9.50

Two poached eggs on halved avocado served with side salad and toasted milk bread.

**Shakshuka**  €7.50

Bell peppers, onions, tomato basil sauce, spices, 2 egg, in-house sliced toast.

# Starters

**Bruschetta**  €6.50

Fresh diced tomatoes, olives, onions, garlic, basil, balsamic reduction, and mozzarella

**Sticky Wings** €7.50

Chicken wings in sweet chili sauce.

**Spring Rolls**  €7.75

Vegetable spring roll with sweet chili sauce.

**Soup of the Day** €7.75

Daily fresh soup of the day.

## Disclaimer:

Elia Café treats food allergies and intolerances seriously. If you suffer from any of these, please read the following notes or consult with our staff. Kindly note that all our products are manufactured in an environment where fish, wheat, flour, crustaceans, molluscs, milk including lactose, eggs, mustard, celery, nuts, peanuts, soya, sulphur dioxide, sesame seeds and lupin are present. In these circumstances although the above may not be listed in the ingredients list, traces might still be present. Dishes including fish or chicken may contain bones.

During peak hours, service may take longer as we prepare all dishes freshly to order. We appreciate your patience and understanding as we strive to serve you the best quality food.

 **VEGETARIAN**

*Elia*  
— CAFE —

# Snacks

**Arancini** €5.50

Al Ragu  
Spinach & Feta  
Chicken & Curry

**Pies (served with fries)** €7.75

Chicken & mushroom  
Tuna & spinach  
Ricotta  
Meat, onion & peas

**Seasonal pie** €11.00

(ask server for availability - price may vary)

**Quiche Lorraine (served with fries)** €7.75

Bacon & tomato

**Ham, Cheese, Tomato & Mushroom Omelette** €9.00

Smoked cheese, mushrooms, tomatoes & ham served with fries & salad.

# Sides

**Fries** €3.00

**Roasted potatoes** €3.00

**Grilled vegetables** €3.00

**Side salad** €3.00

**Onion rings with BBQ sauce** €4.50

# Triple Decker Sandwiches

Served till 17:00

**Ham & Cheese** €4.25

Butter, smoked ham & edam slices.

**Chicken & Avocado Melt** €5.75

Chicken breast, guacamole, smoked cheese.

**Tuna** €4.75

Tuna, tomato paste, capers, olives, tomatoes, onions, cannellini beans, herb oil.

**Salmon & Dill** €6.75

Smoked salmon, dill cream cheese.

# The Panera

Choose from freshly baked baguettes or wrap.

Gluten free bread available for €0.50c extra.

**Classic** €6.95

Butter, Arrosto ham, Edam Slices, tomatoes.

**Parma Ham & Grana** €7.95

Prosciutto di Parma, Grana shavings, tomatoes, rucola, pesto, herb oil.

**Chicken & Bacon** €7.95

Chicken breast, crispy bacon, mixed leaves, in-house mayo.

**Tonara** €7.95

Tuna, tomato paste, capers, olives, tomatoes, onions, cannellini beans, herb oil, mixed leaves.

**Smoked Salmon** €9.50

Smoked Salmon, dill cream cheese, green leaves.

**Vegetarian**  €7.95

Grilled Vegetables, mixed leaves, tomatoes, mango chutney.

Leave us a review on our channels:



# Pinsa

Gluten free pinsa available for €2.50c extra

<b>Margherita</b> ✓	€9.50
<i>Basil tomato sauce, mozzarella, basil.</i>	
<b>Funghi</b> ✓	€10.50
<i>Basil tomato sauce, mozzarella, mushrooms, oregano.</i>	
<b>Pepperoni</b>	€11.50
<i>Basil tomato sauce, mozzarella, pepperoni, oregano.</i>	
<b>Capricciosa</b>	€13.00
<i>Basil tomato sauce, mozzarella, mushrooms, ham, olives, egg, artichoke hearts, oregano.</i>	
<b>Parma e Rucola</b>	€13.00
<i>Cherry tomatoes, Parma ham, rucola, grana shavings, herb oil, oregano.</i>	
<b>Maltija</b>	€14.00
<i>Basil tomato sauce, mozzarella, caponata, anchovies, Maltese sausage, peppered goat's cheese capers, olives, oregano.</i>	
<b>BBQ Chicken</b>	€14.00
<i>Basil tomato sauce, mozzarella, chicken, sweetcorn, bell peppers, onions, BBQ ranch sauce, oregano.</i>	
<b>Al Mare</b>	€15.00
<i>Basil tomato sauce, mozzarella, mixed seafood, tuna, olives, capers, onions, herb oil, oregano.</i>	
<b>Nutella</b>	€10.50
<i>Nutella spread, icing sugar.</i>	

# Mains

<b>Grilled Chicken Breast</b>	€15.75
<i>Grilled chicken breast with mushroom sauce served with fries or roasted potatoes &amp; grilled vegetables or salad.</i>	
<b>Grilled Salmon</b>	€17.75
<i>Grilled salmon fillet, caper &amp; tomato dressing, served with fries or roasted potatoes &amp; grilled vegetables or salad.</i>	
<b>Traditional Fish &amp; Chips</b>	€16.75
<i>Cisk Lager and peppercorn battered cod fillet served with crushed peas, fries, salad and tartare sauce.</i>	



# Salads

<b>Cashew Paprika Chicken</b>	€13.50
<i>Sweet paprika grilled chicken breast, mixed leaves, cherry tomatoes, onions, sweet corn, cashew nuts, cucumbers, honey &amp; mustard dressing.</i>	
<b>Teriyaki Beef</b>	€13.50
<i>Teriyaki beef tagliata, mixed leaves, cherry tomatoes, cucumbers, sweet corn, crispy onion, sesame seeds.</i>	
<b>Prawn &amp; Smoked Salmon</b>	€14.00
<i>Smoked salmon, prawns, salad leaves, artichokes, beets, cherry tomatoes, sweet corn, pickles, onions, olives, capers, herb, lime &amp; ginger oil.</i> ✓	
<b>Grilled Halloumi</b>	€13.50
<i>Grilled halloumi, mixed leaves, cherry tomatoes, onions, beets, artichoke hearts, avocado, mango chutney.</i>	

# Burgers

Served with fries & coleslaw

<b>Elia's Burger</b>	€13.50
<i>Pure beef patty, caramelised onions, sweet gherkins, cheddar, tomatoes, mixed leaves, in-house burger sauce.</i>	
<b>Deluxe Elia's Burger</b>	€15.50
<i>Double pure beef patty, scamorza, cheddar, tomatoes, rucola, crispy onions, in-house burger sauce.</i>	
<b>Crunchy Chicken Burger</b>	€14.00
<i>Fried Buttermilk chicken thigh, cheddar, crispy bacon, mixed leaves, tomatoes, sriracha, maple syrup mayo.</i>	
<b>Pulled Pork Burger</b>	€12.95
<i>Pulled pork, Tennessee sauce, caramelised onions, smoked cheese, tomatoes, mixed leaves, in-house burger sauce.</i>	
<b>Veggie Burger</b> ✓	€12.95
<i>Breaded vegetable and potato patty, halloumi, caramelised onion, tomatoes, hummus.</i>	

# Pasta & Rice

Gluten free pasta available for €1.00c extra

<b>Carbonara</b>	€12.00
<i>Linguine, guanciale pepato, pecorino, egg yolks.</i>	
<b>Chicken &amp; Chorizo</b>	€12.00
<i>Fresh garganelli, chicken, Chorizo, spinach, tomato and basil sauce, cream, pecorino.</i>	
<b>Al Salmone</b>	€13.00
<i>Fresh garganelli, smoked salmon, vodka, cherry tomatoes, onions, garlic, cream, parsley.</i>	
<b>Allo Scoglio</b>	€16.00
<i>Linguine, seafood mix, king prawn, cherry tomatoes, garlic, white wine, touch of tomato sauce.</i>	
<b>Risotto ai Funghi</b> ✓	€12.00
<i>Arborio rice, garlic oil, white wine, button mushrooms, porcini mushrooms, grana shavings, cream.</i>	
<b>Ravioli</b> ✓	€11.00
<i>Traditional ricotta and goat cheese ravioli with tomato and basil sauce.</i>	
<b>Timpana</b>	€10.50
<i>Baked macaroni, beef Ragu, ricotta, smoked ham, eggs, cheese, shortcrust pastry.</i>	
<b>Lasagna</b>	€10.50
<i>Egg pasta sheets, beef ragu, cheese, bechamel sauce.</i>	

# Kids

<b>Burger &amp; Fries</b>	€7.50
<b>Chicken Nuggets &amp; Fries</b>	€7.50
<b>Fish Fingers &amp; Fries</b>	€7.50
<b>Penne with Tomato Sauce.</b>	€7.50
<b>Penne with White Sauce</b>	€7.50

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