

Breakfast

(served till 12:30)

Elia Full English breakfast €8.00

Two fried eggs, two Cumberland sausages, two grilled bacon rashers, sauted mushrooms, grilled tomato, & fried potato hash served with our inhouse sliced toast and butter

Eggs Benedict €8.50

Two poached eggs, two grilled bacon rashers
Hollandaise sauce on toasted milk bread

Trafalgar Benedict €9.50

Two poached eggs, smoked salmon, Hollandaise sauce on toasted milk bread

Eggs & Avocado Duo €9.00

Two poached eggs on halved avocado served with side salad and crispy focaccia strip

Savoury Menu

Arancini €5.50

- Bolognese
- Chicken & Curry
- Spinach & Feta ✓

Quiche €7.75

- Bacon, onions, cheese & cherry tomatoes
- Leek & Mushroom

Pizza €5.50

- Margherita
- Sausage & Tomatoes
- Siciliana

Pies €7.75

- Chicken & Mushroom
- Ricotta ✓
- Tuna & Spinach
- Ricotta & Broad Beans ✓
- Meat, Onions & Peas

Include a portion of fries & salad for €2.25

Pancakes

Blueberry compote, cream cheese, maple syrup, walnuts €8.00

Maple syrup, cream cheese €8.50

Hazelnut cream, crushed nocciollette €7.00

Vanilla ice-cream, fresh cream, chocolate sauce €7.00

Elia

— CAFE —

Starters

Bruschetta ✓ €6.00

Fresh diced tomatoes, olives, onions, garlic, basil & mozzarella

Onion Rings ✓ €4.50

Deep fried onion rings served with a dipping BBQ sauce

Sticky Wings €7.75

Chicken wings in sweet chili sauce

Crispy Mussels €6.75

Breaded mussel meat served with lemon & tartare sauce

Vegetable Gyoza €7.75

Steamed vegetables gyoza served with soy sauce

Soup of the day €7.00

Daily fresh soup of the day

The Panera

Choose from freshly baked baguettes or wrap.
Gluten free bread available for €0.50c extra.

Classic €6.50

Butter, Arrosto ham, Gouda Slices & tomatos

Parma Ham & Grana €7.50

Prosciutto di Parma, Grana shavings, tomatoes, rucola basil, balsamic vinegar reduction

Tonnara €7.50

Mediterranean tuna mix & green leaves

Smoked Salmon €8.75

Smoked Salmon, dill cream cheese & green leaves

Vegetarian ✓ €7.50

Grilled Vegetables, spinach leaves, sliced tomatoes & chutney

Chicken & Bacon €7.50

Chicken breast, bacon, green leaves, inhouse mayo sauce

Triple Decker Sandwiches

(served till 17:00)

Ham & Cheese €4.00

Smoked ham, Edam slices

Mediterranean Tuna €4.50

Tunas, capers, olives, tomatoes, onions, garlic, herb oil

Chicken & Avocado Melt €5.60

Chicken breast, guacamole, smoked cheese

Salmon & Dill €6.50

Smoked salmon, dill cream cheese

Omelettes

Ham, Cheese & Mushroom €8.00

Smoked applewood cheese, mushrooms & ham served with fries & salad

Cheese, Mushroom & Tomato ✓ €8.50

Smoked applewood cheese, mushrooms and tomatoes served with fries & salad

Plain Omelette ✓ €7.00

Served with fries and salad

Sides

Fries €3.00

Grilled Vegetables €3.00

Side Salad €3.00

Extra Egg €1.50

Bacon Rashers x2 €1.50

Cumberland Sausages x2 €1.50

Extra Cheese €1.50

Extra Arrosto Ham €1.50

Extra Chicken €1.50

Extra Smoked Salmon €2.00

Pinsa

Margherita  €9.50

Basil tomato sauce, mozzarella, rucola

Capricciosa €12.00

Basil tomato sauce, mozzarella, mushrooms, ham, olives, egg, artichoke hearts, oregano

Primavera al Bianco  €12.50

Mozzarella, artichoke hearts, cherry tomatoes, zucchini, oregano

Parma e Rucola €9.00

Cherry tomatoes, Parma ham, rucola, grana shavings, herb oil

Al Mare €14.50

Basil tomato sauce, mozzarella, mixed seafood, tuna, olives, capers, onions, herb oil

Texana €13.50

Basil tomato sauce, mozzarella, chicken strips, sweetcorn, diced peppers, onions, BBQ ranch sauce

Salata €12.00

Basil tomato sauce, mozzarella, anchovies, black olives, capers, sun dried tomatoes, oregano

Burgers

Elia's Burger €12.00

200g pure beef patty, red onion confit, sweet gherkins, Irish cheddar, tomatoes, lettuce

Sticky Pulled Pork Slider €13.00

Pulled pork in sticky BBQ sauce, caramelized onions, lettuce, tomatoes

Chicken Crunchy burger €13.00

Crunchy fried Buttermilk chicken thigh, Irish cheddar, crispy bacon, lettuce tomato slice, sriracha sauce & maple syrup dressing

Veggie Burger  €12.00

Breaded vegetable and potato patty, onion relish, tomatoes, hummus

Elia

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Salads

Prawn & Smoked Salmon €13.00

Smoked salmon, salad leaves, artichokes, beets, cherry tomatoes, pickles, onions, olives, capers, herb lime & ginger oil

Cashew Paprika Chicken €12.50

Grilled chicken breast, paprika, lettuce, cherry tomatoes, onions, sweet corn, cashews, cucumbers, honey & mustard dressing

Crunchy Falafel  €12.95

Crunchy chickpea fritters, spinach leaves, rucola, lettuce, cherry tomatoes, onions, beets, artichoke hearts, avocado, pumpkin & raisin chutney

Kids Menu

Hamburger & Fries €7.00

Chicken Nuggets & Fries €7.00

Fish Fingers & Fries €7.00

Penne with Tomato sauce  €8.00

Penne with White Sauce & Ham €7.00

Mains

Traditional Fish & Chips €15.50

Beer and peppercorn battered cod fillet served with crushed peas, fries, salad & tartare sauce

Grilled Salmon Bowl €16.95

Grilled salmon fillet, seasoned basmati rice, grilled vegetables, herb dressing

BBQ Pork Ribs €18.95

Slow cooked full rack pork ribs, Tennessee whiskey sauce served with fries, salad & coleslaw

Pasta

Timpana €10.50

Baked macaroni, beef ragu, ricotta, smoked ham, eggs, cheese, shortcrust pastry

Lasagna €10.50

Egg pasta sheets, beef ragu, cheese, bechamel sauce

Chicken & Chorizo €11.00

Fresh garganelli, chicken, spinach, tomato & basil sauce, cream, pecorino

Carbonara €11.00

Linguine, guanciale pepato, pecorino, egg yolks

Allo Scoglio €15.50

Linguine, seafood mix, king prawn, cherry tomatoes, garlic, white wine

Risotto ai Funghi  €11.00

Arborio rice, garlic, white wine, button mushrooms, porcini mushrooms, cheese, cream

Ravioli  12pcs / €10.50

Traditional ricotta and goat cheese ravioli with tomato and basil sauce 18pcs / €15.00

 VEGETARIAN

Disclaimer:

Elia Café treats food allergies and intolerances seriously. If you suffer from any of these, please read the following notes or consult with our staff. Kindly note that all our products are manufactured in an environment where fish, wheat, flour, crustaceans, molluscs, milk including lactose, eggs, mustard, celery, nuts, peanuts, soya, sulphur dioxide, sesame seeds and lupin are present. In these circumstances although the above may not be listed in the ingredients list, traces might still be present. Dishes including fish or chicken may contain bones.

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