

Elia Full English breakfast

€8.00

Two fried eggs, two Cumberland sausages, two grilled bacon rashers, sauted mushrooms, grilled tomato, & fried potato hash served with our inhouse sliced toast and butter

Eggs Benedict

€8.50

Two poached eggs, two grilled bacon rashers Hollandeise sauce on toasted milk bread

Eggs & Avocado Duo

€9.00

Two poached eggs on halved avocado served with side salad and crispy focaccia strip

Trafalgar Benedict

€9.50

Sticky Wings

Chicken wings in sweet chili sauce

Two poached eggs, smoked salmon, Hollandeise sauce on toasted milk bread

Savoury Menu

Arancini Bolognese

 Spinach & Feta V Chicken & Curry

€5.50

Quiche of the day

€7.75

Served with fries.

Pies

€7.75

All pies are served with a portion of fries.

- Chicken & Mushroom
- Ricotta V
- Tuna & Spinach
- Pork & Veg
- Meat, Onions & Peas

Pancakes

€8.50 Blueberry compote, cream cheese, maple syrup, walnuts & whipped cream

Hazelnut cream, crushed nocciolette & €8.50 whipped cream

VEGETARIAN Elia Café treats food allergies and intolerances seriously. If you suffer from any of these, please read the following notes or consult with our staff. Kindly note that all our products are manufactured in an environment where fish, wheat, flour, crustaceans, molluscs, milk including luctose, eggs, mustard, celery, nuts, peanuts, soya, sulphur dioxide, sesame seeds and lupin are present. In these circumstances although the above may not be listed in the ingredients list, traces might still be present. Dishes including fish or chicken may contain bones.



Starters

€6.00 Onion Rings V Deep fried onion rings served with a dipping BBQ sauce Bruschetta V €4.50 Fresh diced tomatoes, olives, onions, garlic, basil & mozzarella Soup of the Day €7.00 Daily fresh soup of the day

Omelettes ~

€7.75

€8.50

Plain Omelette ∀	€7.00
Served with fries and salad	
Ham Cheese & Mushroom	£8 50

Smoked applewood cheese, mushrooms & ham served with fries & salad

Cheese, Mushroom & Tomato V Smoked applewood cheese, mushrooms and tomatoes served with fries & salad

Add-Ons

Extra Egg	€1.50
Bacon Rashers x2	€1.50
Cumberland Sausages x2	€1.50
Extra Cheese	€1.50
Extra Arrosto Ham	€1.50
Extra Chicken	€1.50
Extra Smoked Salmon	€2.00

Triple Decker Sandwiches

(served till 17:00)

Ham & Cheese	€4.00
Butter, Smoked ham, Edam slices	
Mediterranean Tuna	€4.50
Tunas, capers, olives, tomatoes, onions, garlic, herb oil	
Chicken & Avocado Melt	€5.60
Chicken breast, guacamole, smoked cheese	
Salmon & Dill	€6.50
Smoked salmon, dill cream cheese	

Gluten free bread available for €0.50c extra.

Classic	€6.75
Butter, Arrosto ham, Gouda Slices & tomatos	
Parma Ham & Grana	€7.75

Prosciutto di Parma, Grana shavings, tomatoes, rucola basil, balsamic vinegar reduction

Tonnara €7.75 Mediterranean tuna mix & green leaves

Vegetarian V Grilled Vegetables, spinach leaves, sliced tomatoes & chutney

Chicken breast, bacon, green leaves, inhouse mayo sauce

Chicken & Bacon €7.75

Smoked Salmon €9.00 Smoked Salmon, dill cream cheese & green leaves

Leave us a review on our channels:









€7.75



Gluten free pinsa add €2.50

€9.50
€12.00
€12.50
€12.50

zucchini, oregano Parma e Rucola

Al Mare

Cherry, tomatoes, Parma ham, rucola, grana shavings, herb oil

Mozzarella, artichoke hearts, cherry tomatoes,

Maltija Caponata, anchovies, Maltese sausage, peppered goat's cheese, mozzarella, capers, olives

BBQ Chicken €13.50

Basil tomato sauce, mozzarella, chicken strips, sweet corn, coloured peppers, onions, BBQ ranch sauce

Basil tomato sauce, mozzarella, mixed seafood, tuna, olives, capers, onions, herb oil



Hamburger & Fries		€7.00
Chicken Nuggets & Fries		€7.00
Fish Fingers & Fries		€7.00
Pasta with Tomato sauce	Y	€7.00
Pasta with White Sauce		€7.00

Sides ~ Fries €3.00 **Grilled Vegetables** €3.00

Side Salad €3.00



Salads 3

Cashew Paprika Chicken €13.00

Grilled chicken breast, paprika, lettuce, cherry tomatoes, onions, sweet corn, cashews, cucumbers, honey & mustard dressing

Grilled Halloumi V Grilled halloumi slices, mixed leaves, cherry tomatoes, onions, beets, artichoke hearts, avocado, mango chutney

Teriyaki Beef €13.00

Teriyaki beef tagliata, mixed leaves, cherry tomatoes, cucumber, sweet corn, crispy onions, sesame seeds

Prawn & Smoked Salmon

Smoked salmon, mixed leaves, artichokes, beets, cherry tomatoes, pickles, onions, olives, capers, herb lime & ginger oil



Pulled Pork Burger

€12.50

€13.00

€14.50

Pulled pork, Tenessee sauce, caramelised onions, smoked cheese, tomatos, mixed leaves

Veggie Halloumi Burger 🗸 €12.00

Breaded vegetable and potato patty, halloumi, onion relish, tomatoes, hummus

Elia's Burger €12.50

Pure beef patty, red onion confit, sweet gherkins, cheddar, tomatoes, mixed leaves

Crunchy Chicken Burger €13.00

Fried Buttermilk chicken thigh, cheddar, crispy bacon, mixed leaves, tomatos, sriracha sauce & maple syrup dressing

Deluxe Elia's Burger

Double pure beef patty, scamorza, cheddar, tomatoes, rucola, cripsy onions, in-house burger sauce



Timpana

€10.50

€10.50

Baked maccaroni, beef ragu, ricotta, smoked ham, eggs, cheese, shortcrust pastry

Lasagna

Egg pasta sheets, beef ragu, cheese, bechamel sauce

Ravioli V 12pcs / **€10.50**

Traditional ricotta and goat cheese ravioli with 18pcs / €15.00 tomato and basil sauce

Chicken & Chorizo

€13.00

€13.50

€12.00

€14.50

€11.50

Fresh garganelli, chicken, spinach, tomato & basil sauce, cream, pecorino

Carbonara €11.50

Linguine, guanciale pepato, pecorino, egg yolks

Risotto ai Funghi V

€11.50

Arborio rice, garlic, white wine, button mushrooms, porcini mushrooms, cheese, cream

Allo Scoglio

€15.50

Linguine, seafood mix, king prawn, cherry tomatoes, garlic, white wine

Mains 3

Grilled Chicken Breast

€14.95

Grilled chicken breast, mushroom sauce, served with fries or roast potatos, grilled vegetables or salad

Traditional Fish & Chips

€15.50

Beer & peppercorn battered cod fillet served with crushed peas, fries, mixed leaves & tartare sauce

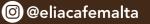
Grilled Salmon

€16.95

Grilled salmon fillet, caper & tomato dressing, served with fries or roast potatos, grilled vegetables or salad

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